

Alice's SweetPotato Dips

Enjoy with Raw SweetPotato Sticks

Sweet Dip

1 pint low-fat sour cream
¾ cup dark brown sugar (stir and let dissolve)
Lots of cinnamon
Light sprinkle of nutmeg

Stir together sour cream and brown sugar. Let dissolve. Add cinnamon and nutmeg to taste.

Sour Dip

1 pint low-fat sour cream
1 packet dry type ranch dressing

Mix sour cream and ranch dressing thoroughly

Recipe by:

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